



August 21st 2020

Subject: How COVID 19 is Impacting Our Release of the New BSI High Performance Plan – Training Programs

Hello Members,

During the forced downtime over the last several months, our High-Performance coaches have been hard at work to create a new High-Performance Athlete Development Program. We believe that this new plan is a great step forward for our organization as it takes a multiyear, progressive approach to allow our athletes to be fully supported through their entire time with BSI and sets them up for success if they continue to the next levels of basketball either Nationally or at a post-secondary institution.

This fall we are due to launch phase 1 of our new program which includes the retirement of our previous Centre for Performance training model and the introduction of our 2 new training programs, the Targeted Athlete Strategy (TAS) program and our NxtUp program. TAS is designed to be an invite only training program for the top 20 players in the province, and NxtUp is a regionally based training program that players in the 13-17year-old categories can attend an open tryout to be selected for participation. The goal for year 1 is to operate in a minimum of 4 regions for our NxtUp program. Both programs were developed to have large Showcase Weekends events to highlight players development over the training period.

How is Covid-19 Impacting our Delivery of Programming

Lack of Gym Space – by far the largest hurdle that we have had in being able to launch these programs is that communities and school systems do not feel comfortable renting out their gym spaces to outside user groups at this time and without gym space we simply cannot run the programs.

Return to Sport Basketball Guidelines – in the few areas where we have managed to secure gym time, we are still having to work within the group size parameters laid out by our Return to Sport plan. This limits the number of athletes that can participate in any given program and also the amount of programs they can participate in.

Where We Are Today

At this point we are confirmed to be running the following programs:

TAS – both genders
NxtUp – Regina 15-17 year olds of both genders
NxtUp – Saskatoon 15-17 year old of both genders

We are working diligently to be able to deliver programs to (at least) the following areas and age groups this fall and winter:

NxtUp – Moose Jaw area 15-17 year olds of both genders
NxtUp – Lloydminster area 13-14 and 15-17 year olds of both genders
NxtUp – Prince Albert area 15-17 year olds of both genders
NxtUp – Estevan area 15-17 year olds of both genders

We understand that this could be a frustrating situation for those players who don't have current access to training programs but we ask you to be patient as we do our best to provide some type of training program for interested players, including the possibility of providing online training again this fall. Please keep an eye on our website and social media platforms for updates on our fall training opportunities.

We encourage you to reach out if you have any questions or have potential facilities available for use in your area.

Respectfully Yours:

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